

# **HELPFUL INFORMATION**

## **Biennial Contact Numbers:**

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We highly encourage joining the WhatsApp group if you have not done so already. Departure/transportation information will be supplied throughout the trip and the trip support staff will be monitoring the chat at all times to answer any questions that may come up.

# **Outbound Travel with the Delegation on United Airlines**

Tuesday, April 23:

UA 373 DEN – IAH departing at 05:02 a.m. UA 1096 IAH – SJO departing at 09:47 a.m.

Denver Departure:

- Complimentary check-in at United's Global Services desk from 03:30 a.m. 4:30 a.m. The GS desk is at the DEN terminal on level 6, near doors 610 and 612.
   See the attached picture showing the entry door for the GS desk. Also, delegates will be able to check their bags through to SJO.
- Early preboard as a group in Denver Delegates must gather at the departure gate (TBA) 15 minutes before the scheduled boarding time (boarding time is listed on the boarding pass and the United App). The United Customer Service team will call the delegation to board the aircraft immediately after the Global Services customers on the flight have boarded.
- Early preboard as a group in Houston we will also gather are the at the
  departure gate (TBA) 15 minutes before the scheduled boarding time (boarding
  time is listed on the boarding pass and the United App). The United Customer
  Service team will call the delegation to board the aircraft immediately after the
  Global Services customers on the flight have boarded.

### San Jose Arrival:

- United's SJO station manager will receive the delegation at the jetway.
- They will escort the delegation to the immigration process.
- Escort the delegation to the appropriate baggage carousel and, through customs, out to where we will meet our transportation.

### **Ground Transportation**

All transportation is provided throughout the Summit, with departure times and locations detailed on the attendee itinerary. Departure transportation for delegates leaving Saturday, April 27 will be provided, delegates departing at another time will need to arrange for airport transfer. Bus departures will be highlighted within the trip WhatsApp, buses will not wait for attendees to depart.

- The hotel can arrange car service. Please speak directly with the Concierge Desk to make arrangements.
- Taxis and Ubers are abundant and a recommended method of transportation in San Jose. The Uber app can be utilized to order taxis as well and during busy times this is often more efficient.

# **Drinking Water**

The tap water in Costa Rica is safe to drink. Costa Rica is known for its eco-consciousness. They are passionate about preserving their natural resources. Therefore, bring a water bottle to carry with you to stay hydrated. Fill up at hotels.

# Mosquitos

Mosquitos are present all year round and all day/night in Costa Rica. They especially love rainy weather. Bring plenty of bug repellent with DEET or picaridin. CDC recommends at least 20% DEET. We recommend taking some from home since most places in Costa Rica will only sell with 15% DEET.

## **Drugstore & Pharmacy**

If you are feeling ill or have forgotten a personal item please let us know so we can assist you. There is a number of drugstores nearby the hotel:

- Global Health Pharmacy: WWJC+V9Q, San José, Catedral, Costa Rica
- Farmacia Saba San José #2 Av 1, 50 metros oeste del Banco Central, entre calles 4 y 6, San José, 10101, Costa Rica

### Cash & ATM

The colón is the official currency in Costa Rica. The coin is named after Cristobal Columbus—the admiral that discovered Costa Rica in 1502—and was established in the first decades of the 20th century. Outside the entrance of the Gran Hotel Costa Rica, is the ATM Promerica. Colones are only necessary for street vendors or small markets like Mercado Central, most business establishments take credit cards. Given that all summit expenses are covered we suggest limiting your colones to only what you will need for gifts and souvenirs.

# **Plugs**

Costa Rica uses 110 volt, 60 cycle electricity, same as the US. Plugs are typically the 2-pronged flat type, so US travelers will not typically need a converter or adapter.

### In Case of Emergency

Emergency services in San Jose can be accessed by dialing 911. There is no charge to access this service from mobile phones or landlines.

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